

# LTTA IN AMFISSA

*Summary for the newsletter*

## WHAT'S UP?

This Newsletter represents LTTP (Learning, Teaching and Training activities) and transnational meeting that took place in Greece from the 2nd to the 6th of May the 4th. The aim of the LTTP was the presentation and analysis of the videos that had been implemented so far by all partners.

The partners were welcomed in Amfissa with a tour of the city. We visited historic monuments, the Castle, and a traditional settlement where we followed step by step how the skin was treated in the old days.



## ART THERAPY WORKSHOP

The meeting started with an "Art Therapy Workshop" animated by the Greek team, followed by three workshops.



## THE SECOND WORKSHOP

The second workshop was held in Galaxidi, a historic maritime small town. The group toured and talked with a local captain at the Historical and Naval Museum, who presented the evolution of seamanship from sails and wind to steam. In a specially arranged room at the museum, the videos in the "People" category were shown and discussed. During this meeting technical issues concerning the final format and presentation/publication of the videos were also clarified.



## THE FIRST WORKSHOP


The first workshop took place in the city of Delphi where the videos belonging to the category "Communities" were presented. On the same day the visitors/partners had the opportunity to visit the Museum and the Archaeological Site of Delphi and admire the Resilience of the places through the centuries!



The resilience of the partners was tested on the fourth day in the "chorafi" (field). The members of the EKPSE welcomed the visitors and explained the "Permind" method of planting to them. They all helped in preparing the soil and planting vegetables, testing their personal resilience!

**Follow the progress of the project and upcoming events here :**

 Breakthrough for Resilience

 breakthrough\_for\_resilience

 <http://resilienceproject.eu/>



Funded by the  
Erasmus+ Programme  
of the European Union